

1 Northern Forest

Track	Distance (km)	Time (walk)	Description	Grade (Easy, Intermediate, Moderate, Hard)	Icons	Color
Lowry Bay Loop	5	1hr 40min	A well graded track leads up through native bush to the lookout with views over the Hutt Valley and Harbour.	E	[Walking] [Dog]	Red
Trig Loop	4.8	1hr 30min	Sheltered by native bush, walk up to Rātā Ridge on the Lees Grove Track. Some sections are steep. Return via Fern Gully for a more gentle descent. Enjoy the short return trip via Lowry Trig, the highest point in the Northern Forest and the lookout which provides harbour glimpses.	M	[Walking] [Dog]	Dark Blue
Days Bay Loop	3.5	1hr 45min	Starting at Williams Park the gentle entrance quickly becomes a steep but rewarding climb to the ridge. The descent on the Korimako Track is easier. Turn onto the Circular Walk Track to return to your starting point and an ice cream at the café.	M	[Walking] [Dog]	Yellow
Eastbourne Loop	2.5	1hr 30min	From Muritai Park follow the Kāeaea track to get great harbour views as you ascend to the lookout. Descend via the Mackenzie track to Eastbourne village for lunch and return 0.8km along the road to your starting point.	M	[Walking] [Dog]	Teal
Butterfly Creek Loop	7.4	2 hrs 30min	Start at the bus barn/korohiwa entrance as there is ample parking. The climb up to and along the ridge is almost step free. Then head right and descend into the bush clad valley. Follow the signs right to the butterfly creek picnic area. Return via the Kowhai track (lots of steps) with great views of the harbour. A 1.8km walk along the road returns you to your starting place.	M	[Walking] [Dog] [Toilets]	Red
The Traverse	13	5hrs	A strenuous tramp from Wainuiomata hill via Lowry lookout and Hawtrey trig on a mix of track grades.	H	[Walking] [Dog]	Orange
Rātā Ridge	6	2hrs	Ride or walk up to Lowry trig through mature beach forest before descending to the zigzag or Rātā Ridge exit at Stanley Street.	H	[Walking] [Bike] [Dog]	Blue
Kaitawa Loop	6	2hrs 15min	The Kaitawa track is a narrow steep tramping track that ascends to the ridge through mature bush. Return via the Ferry Road track with some great harbour views. A 2.8km return on the harbour side road.	H	[Walking] [Dog]	Green

Key

- Bus stop
- Parking
- Toilets
- Mapboard
- Swimming
- Picnic
- Fishing
- Walking
- Tramping
- Route
- Mountain biking easy
- Mountain biking intermediate
- Mountain biking advanced
- Horse riding
- Rock climbing
- Wildlife
- Viewing point
- Story hub
- No swimming

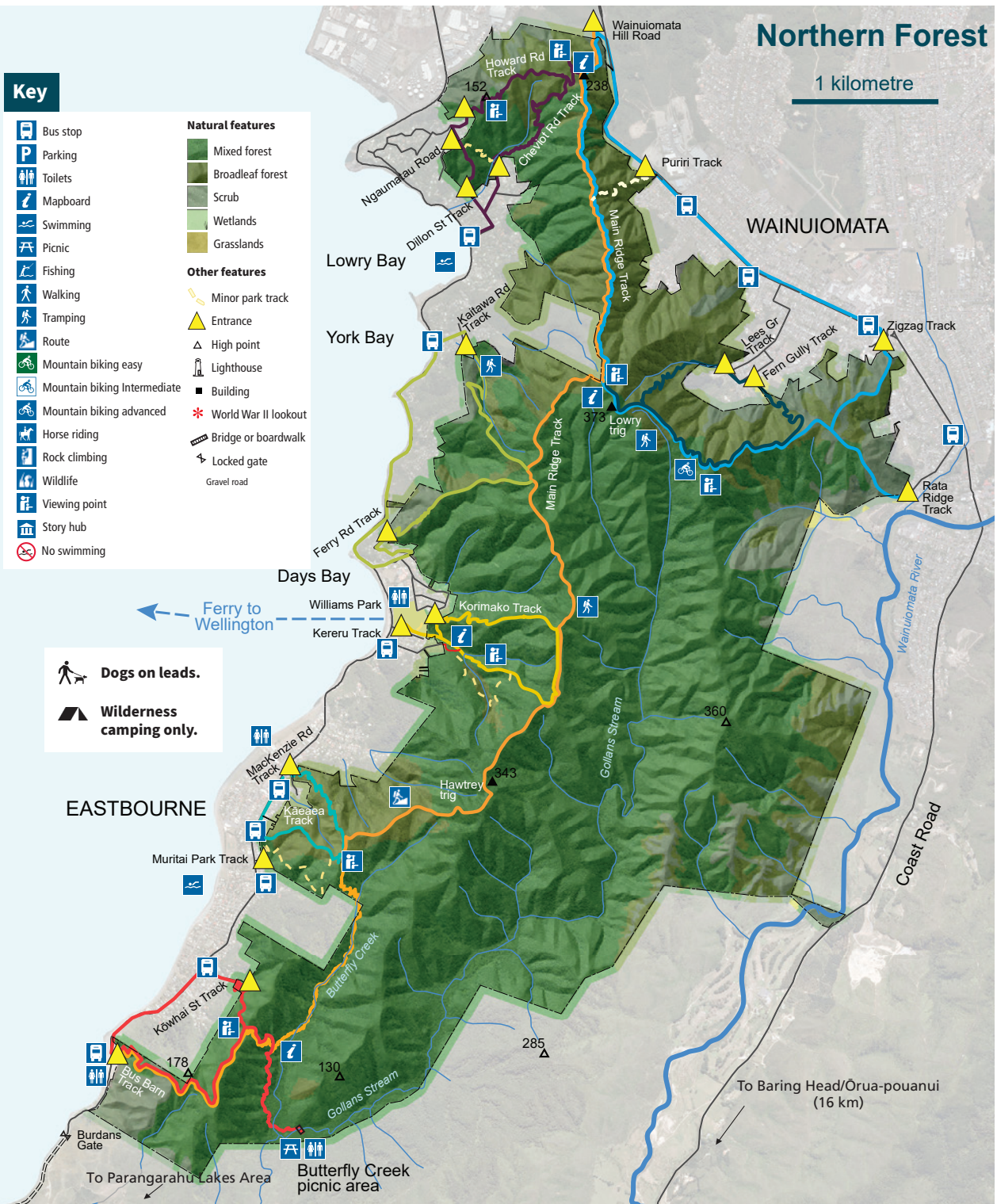
Natural features

- Mixed forest
- Broadleaf forest
- Scrub
- Wetlands
- Grasslands

Other features

- Minor park track
- Entrance
- High point
- Lighthouse
- Building
- World War II lookout
- Bridge or boardwalk
- Locked gate
- Gravel road

- Dogs on leads.
- Wilderness camping only.



Northern Forest

1 kilometre

WAINUIOMATA

EASTBOURNE

To Baring Head/Ōrua-pouanui (16 km)

To Parangarahu Lakes Area

Butterfly Creek picnic area